

Vibes

IDA Thiruvalla Newsletter
January – March 2022



Message From President

Dear friends and colleagues

Greetings to all

As you all must be aware, we are completing the first three months of our IDA Year in March. At this Juncture I am extremely happy to announce the launching of our first newsletter (**IDA Thiruvalla Vibes**) to share our activities with the Dental Fraternity and General Public. I congratulate our Editor Dr Subbalekshmi for her continuous and sincere efforts in making this Newsletter a reality. I wish to thank all the Executive members for their support and constant encouragement for our programs

I appreciate the participation of all the members in our programs and request their cooperation for future programs also.

Thanking you

Jai IDA

Dr Reji Thomas

President

IDA Thiruvalla

Editor's Desk

Dear friends and Colleagues

I feel privileged and honoured to share IDA Thiruvallas newsletter **Vibes**, which focuses on sharing the activities of our association and News and updates of our members.

I would like to thank our President Dr Reji Thomas and the office bearers for the opportunity and their support given to bring out this newsletter. Special thanks are due to Dr Phillip T Mathew for suggesting the name for our newsletter.

This quarterly newsletter is our voice and all the readers are welcome to contribute.

Thanking you

Dr Subbalekshmi

Editor, IDA Thiruvalla



Team 2022



OUR NEW OFFICE BEARER'S 2022

PRESIDENT
DR. REJI THOMAS

PRESIDENT ELECT
DR. LANU ABRAHAM

IPP
DR. SIMON GEORGE

VICE -PRESIDENT
DR. SAJI CHERIAN
DR. SUNIL ISSAC

HON. SECRETARY
DR. THOMAS JACOB

JOINT SECRETARY
DR. SAJU PHILIP

ASSISTANT SECRETARY
DR. AMBIL SARA VARGHESE

TREASURER
DR. SEEMA JOSEPH

CDH REPRESENTATIVE
DR. ZUBIN CHERIAN

CDE REPRESENTATIVE
DR. ANNIE KITTY GEORGE

EDITOR
DR. SUBBALEKSHMI

HOPE REPRESENTATIVE
DR. SAJI KURIAN

IDA CAN REPRESENTATIVE
DR. SAMUEL K. NINAN

IDA MARK REPRESENTATIVE
DR. THOMAS EAPEN

IDA IMAGE REPRESENTATIVE
DR. MAYA MATHAI

REP. TO STATE EXECUTIVE
DR. SAMUEL K. NINAN
DR. RAJEEV SIMON K.
DR. AKHILESH PRATHAP
DR. REJI THOMAS
DR. SAJI KURIAN
DR. THOMAS JACOB

EXECUTIVE COMM. MEMBERS

DR. ANISH K OOMMEN
DR. MATHEW P. C.
DR. ELIZABETH JOSEPH
DR. VIVEK P. S.

CENTRAL COUNCIL MEMBER
DR. K. N. THOMAS

WEBSITE IN CHARGE
DR. ELIZABETH TINTU

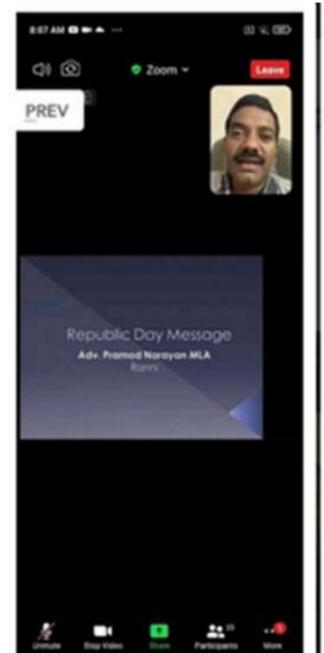
CULTURAL COORDINATOR
DR. RAVI RAJAN

SPORTS COORDINATOR
DR. IMMANUEL MATHEW KURIAN

STUDENT COORDINATOR
ADARSH NINAN SAM

WDC REPRESENTATIVE
DR. ANNIE BEENA THOMAS
DR. PRAMEETHA GEORGE

Republic day Celebrations



Republic Day Message: Adv. Pramod Narayan, Ranni MLA
 Address by: Dr Shibu Rajagopal, IDA Kerala State President
 Address by: Shri. Manoj Abraham IPS, ADGP Kerala Police
 Felicitations: Dr. Ramesh Elamon Nampoothiri, Chairman, Bharat Sevak Samaj, Kerala state



Republic day state program
 video 'Colours of
 India' Vande Maataram

Dance by WDC members

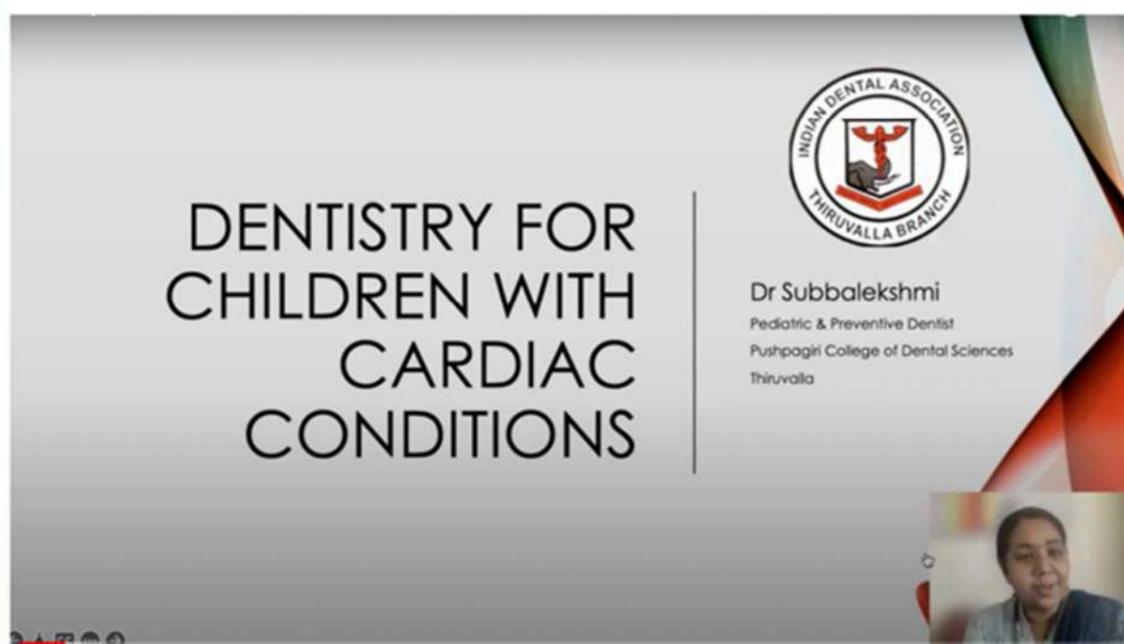


February : Valentines Day & Congenital Heart Diseases Awareness Week



Valentine's
Day
Collage

Congenital
Heart Diseases
Awareness
Week
07 – 14th Feb
2022



Webinars & Continuing Dental Education Programs

Webinar – 1	
Topic	Managing Full Rehabilitation cases Digitally with Ease
Faculty	Dr Aqeel Reshamvala
Mode	Zoom

Webinar – 2	
Topic	Is Cancer a Life style Disease?
Faculty	Dr Sairu Philip
Mode	Zoom, Youtube live

INDIAN DENTAL ASSOCIATION
THIRUVALLA BRANCH

In association with
AOMSI Kerala State

3rd Webinar

FEB 21
2022
7.30 - 8.30pm

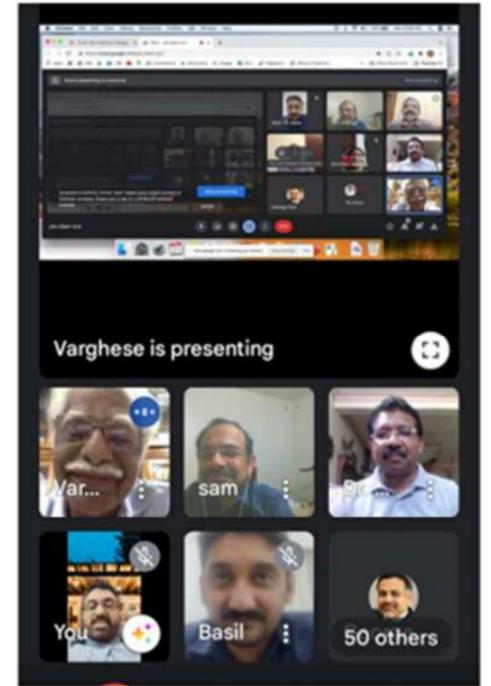
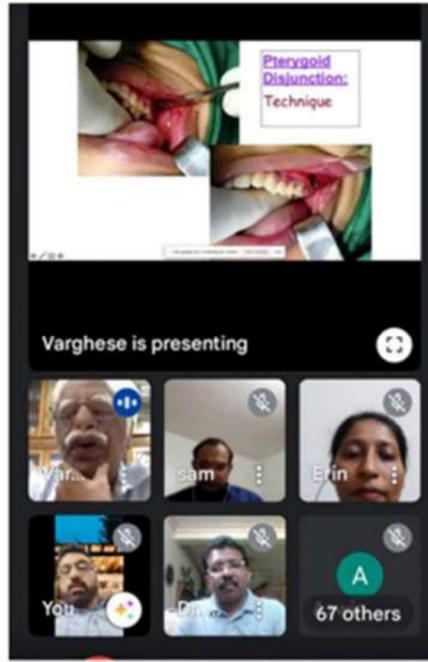
<https://meet.google.com/yax-ibam-pvx>

FOUR DECADES OF ORAL AND MAXILLOFACIAL SURGERY

Dr. Varghese Mani
Oral And Maxillofacial Surgeon
Dean, Mar Baselios Dental College,
Kothamangalam

Dr. Raji Thomas President
Dr. Thomas Jacob Hon. Secretary
Dr. Joseph Edward President, Aomsi Kerala
Dr. Akhilesh Prathap Hon. Secretary, Aomsi Kerala
Dr. Annie Kitty George CDE Representative

Webinar – 3	
Topic	Four Decades of Oral and Maxillofacial Surgery
Faculty	Dr Varghese Mani
Mode	Zoom, Youtube live



INDIAN DENTAL ASSOCIATION
THIRUVALLA BRANCH

ILLUSION DENTAL LAB

3RD CDE PROGRAM

INCORPORATE ALIGNER THERAPY IN YOUR CLINICAL PRACTICE

OUR FACULTY

DR. ROSE MOL PAULSON
MDS, ORTHODONTICS

Done Post Graduation in Orthodontics and Dental Facial Orthopedics from Tatyasa Dental College. Topper in BDS University exam and is felicitated with JERILEN PAMPICHAN ever rolling best PG outgoing student award.

Advanced expertise in treating 10 distinct types of clear aligner cases during post graduation.

Hurry Up!
Limited seats only

27
FEBRUARY 2022

FROM
06 PM - 09 PM

ASHOK INTERNATIONAL
THIRUVALLA

+91 94475 04743
DR THOMAS JACOB, HON. SECRETARY

DR REJI THOMAS PRESIDENT
DR THOMAS JACOB HON. SECRETARY
DR SEEMA JOSEPH TREASURER
DR ANNIE KITTY GEORGE CDE REPRESENTATIVE

CDE -3	
Topic	Incorporate Aligner Therapy in your Clinical Practice
Faculty	Dr Rose Mol Paulson
Mode	Offline



Dentist Day Celebrations: Honoring Dr A V Jacob, Senior Dental Surgeon & Medico Legal Cases Webinar

INDIAN DENTAL ASSOCIATION
THIRUVALLA BRANCH

Happy Dentist Day

4th Webinar

MARCH 2022 06
6.30pm

Press Here
<https://meet.google.com/vfa-bqin-auq>

MEDICO LEGAL CASES

Adv. Mirash Alexander
Advocate, Family Court, Thiruvalla

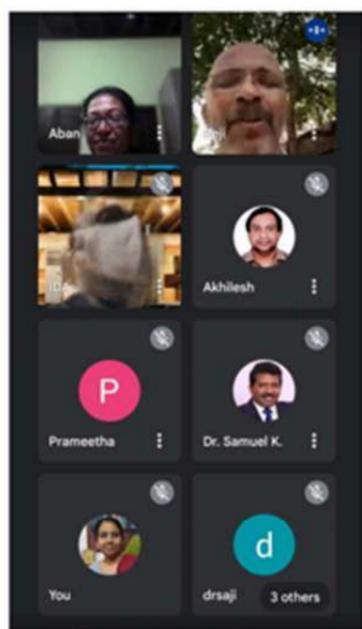
Dr. A.V. Jacob,
Senior Dental Surgeon
and one of the Earliest
Practitioners in Thiruvalla
will be honoured on Dentists Day.

Dr. Reji Thomas
President
IDA Thiruvalla Branch

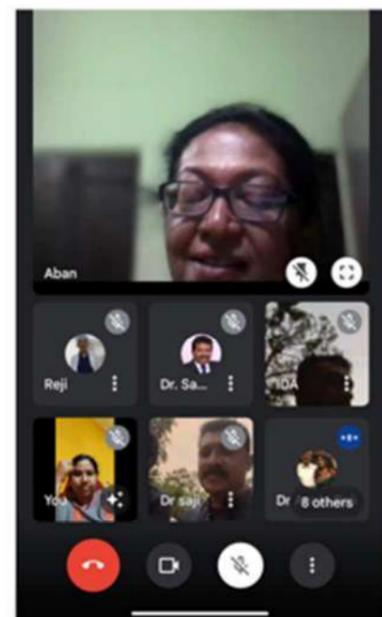
Dr. Thomas Jacob
Hon. Secretary
IDA Thiruvalla Branch

Dr. Zubin Cherian
CDH Representative
IDA Thiruvalla Branch

Webinar – 4	
Topic	Medico Legal Cases
Faculty	Adv Mirash Alexander
Mode	Zoom



- IDA Thiruvalla Meeting host
- 3L Vlogs by Lino Levin Lanu
- Aban Philip
- Akhilesh
- Dhanuja Chandrabose
- Dr Annie Reji Thomas
- Dr saji Cherian
- Dr. Samuel K. Ninan
- Erin Nibu Mathew
- Levin Thomas Lanu
- Prameetha George
- Reji Thomas
- Thomas Eapen
- Vivek P S
- zubin cherian



INDIAN DENTAL ASSOCIATION
THIRUVALLA BRANCH

Happy Dentist Day

4th Webinar

MARCH 2022 06
6.30pm

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MEDICO LEGAL CASES

Adv. Mirash Alexander
Advocate, Family Court, Thiruvalla

Dr. A.V. Jacob,
Senior Dental Surgeon
and one of the Earliest
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Dr. Reji Thomas
President
IDA Thiruvalla Branch

Dr. Thomas Jacob
Hon. Secretary
IDA Thiruvalla Branch

Dr. Zubin Cherian
CDH Representative
IDA Thiruvalla Branch

Dentist Day Celebrations	
	Honouring Dr A V Jacob Senior Dental Surgeon
Interview with Dr A V Jacob	Dr Samuel K Ninan



Women's Day Celebration



INDIAN DENTAL ASSOCIATION
KERALA STATE
&
WOMEN'S DENTAL COUNCIL

MARCH 2022 08 04:30 PM

Women's Day Celebrations 2022

KGA Elite, Thiruvalla
Hosted by IDA WDC Thiruvalla

Dr. Shibu Rajagopal President IDA KSB	Dr. Deebu J. Mathew Hon. Secretary IDA KSB	Dr. Anney George Chairperson IDA KSB WDC	Dr. Shejeena Shinil Secretary IDA KSB WDC
Dr. Raji Thomas President, IDA Thiruvalla	Dr. Thomas Jacob Hon. Secretary, IDA Thiruvalla	Dr. Annie Beena Thomas WDC Representative	Dr. Prameetha George WDC Representative



International Women's Day 2022 #BreaktheBias



8 MARCH
WOMEN'S DAY

Honouring
EMINENT WOMEN

Prof. Dr. Anita Balan
JOME(G) Directorate of Medical Education
Thiruvananthapuram
Government Dental College Thiruvananthapuram
HOD, Department of Oral Medicine and Radiology
MDS (Conservative), MDS (OMR)

Dr. Sindhu Radha Sadasivan Nair
HOD Surgical Gastroenterology, Government Medical College Kottayam
MBBS, M.S General Surgery, M.Ch Surgical Gastro Enterology
Team Leader for the First Living Donor Liver Transplantation
in Govt Sector
Vanitha "Woman of the year" 2014

M. G. Manjula
News Reader, Doordarshan Thiruvananthapuram since 1989
Best News Reader Mini Screen Award 1998
Retired Teacher NSS Polytechnic Pandalam





8 MARCH

The Office bearers of IDA Kerala State, Women's Dental Council and IDA Thiruvalla Branch invite you for the International Women's Day celebrations to be held on March 8th, 2022, 4.30 pm at Hotel KGA Elite, Thiruvalla. Three Women from different walks of life and profession will be honoured during the program. We request your esteemed presence with family on this joyous occasion.

Thanking you

Dr. Raj Thomas
President IDA Thiruvalla

Dr. Thomas Jacob
Hon. Secretary IDA Thiruvalla

Dr. Anissa Beena Thomas
WDC Representative

Dr. Prameetha George
WDC Representative

Dr. Shiba Rajasekhar
President IDA KSB

Dr. Deeba J. Mathew
Hon. Secretary IDA KSB

Dr. Anney George
Chairperson IDA KSB WDC

Dr. Shejana Shail
Secretary IDA KSB WDC

Dr. Sherry M. Joseph
Vice President IDA KSB

Dr. Anney George
Chairperson IDA KSB WDC

Dr. Shejana Shail
Secretary IDA KSB WDC

Dr. Anissa Beena Thomas
WDC Representative

Dr. Prameetha George Iyleric
WDC representative

Prayer
Welcome
Outlook
Presentation
Lighting
Honorary
Prof. Dr. S. M. Mrs.
Felicitation
Vote
Cultural
Talks





BODHANA 2022: March 1-8




BODHANA 2022 March 1-8

**INDIAN DENTAL ASSOCIATION
THIRUVALLA BRANCH**

*Women's Day
& Celebrations*

MARCH 2022

DAY 01 TUE VISIT TO ASHABHAVAN - Destitute Home for Mentally Challenged Women Kozhimala, Thiruvalla

DAY 02 WED VISIT ABHAYA BHAVAN
Talk on Overall Health of Women
By Dr. Rachel Philip
Associate Prof. Department of OBG,
Pushpagiri Medical College, Thiruvalla

DAY 03 THU WELLNESS DAY
By Yaswanthy Sunil, Chennai

DAY 04 FRI OUTING DAY FOR WDC MEMBERS
Outdoor Video Shoot On Women
Empowerment Cultural Programme

DAY 05 SAT KUDUMBASREE SANGAMAM
Awareness Talk on Gynecological
Problems to Kudumbashree Women
By Dr. Rachel Philip,
Associate Prof. Department of OBG,
Pushpagiri Medical College, Thiruvalla

DAY 06 SUN VISIT SIVAPARVATHY BALIKA SADANAM
Awareness Talk on Dental Health

DAY 07 MON CHARITY DAY
Collecting Old Sarees

DAY 08 TUE KERALA STATE INTERNATIONAL
WOMEN'S DAY MEGA PROGRAMME at
KGA Elite International, Thiruvalla
HONOURING 3 EMINENT WOMEN
TALK ON FINANCIAL LITERACY
NIPPON INDIA Mutual Funds,
SR Associates, Puramattom
LADY MEMBERSHIP DRIVE
Induction of New Members

Dr. Reji Thomas
President, IDA Thiruvalla

Dr. Thomas Jacob
Hon. Secretary, IDA Thiruvalla

Dr. Annie Beena Thomas
WDC Representative

Dr. Prameetha George
WDC Representative

Dr. Annie Beena Thomas
WDC Representative

Dr. Prameetha George
WDC Representative

DAY 1
Visit to Asha Bhavan



INDIAN DENTAL ASSOCIATION
THIRUVALLA BRANCH
WOMEN'S DENTAL COUNCIL

BODHANA-2022

ORAL HEALTH AWARENESS CAMP
DAY 1
Visit to Asha Bhavan
for mentally challenged women
Kozhimala, Thiruvalla
MARCH 01, 2022 TUESDAY, 2:30 PM-4:00 PM

DR. REJI THOMAS
PRESIDENT
DR. ANNIE BEENA THOMAS
WDC REPRESENTATIVE

DR. THOMAS JACOB
HON. SECRETARY
DR. PRAMEETHA GEORGE
WDC REPRESENTATIVE

DAY 2: Visit to Abhaya Bhavan



INDIAN DENTAL ASSOCIATION
THIRUVALLA BRANCH
WOMEN'S DENTAL COUNCIL

BODHANA-2022

DAY 2
VISIT TO ABHAYA BHAVAN

Talk on
overall health of women

By Dr. Rachel Philip
Associate Prof. Dept. of OBG,
Pushpagiri Medical College, Thiruvalla

MARCH 02, 2022 WEDNESDAY

DR. REJI THOMAS
PRESIDENT
DR. ANNIE BEENA THOMAS
WDC REPRESENTATIVE

DR. THOMAS JACOB
HON. SECRETARY
DR. PRAMEETHA GEORGE
WDC REPRESENTATIVE

INDIAN DENTAL ASSOCIATION
THIRUVALLA BRANCH
WOMEN'S DENTAL COUNCIL

BODHANA-2022

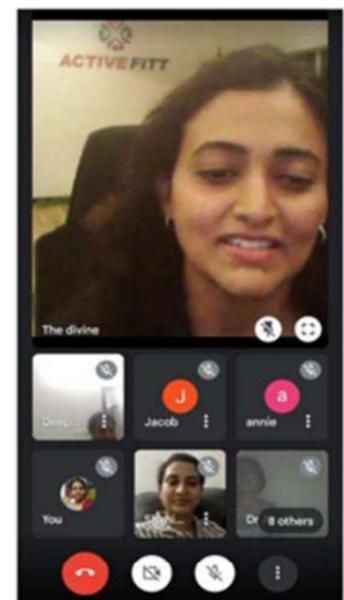
WELLNESS DAY **DAY 3**

PLEASE JOIN BE MOTIVATED
TRAINER
VASHWANTHY SUNIL

WELLNESS WORKSHOP FOR WOMEN
MARCH 03, 2022 THURSDAY 7:30-9:00PM

DR. REJI THOMAS
PRESIDENT
DR. ANNIE BEENA THOMAS
WDC REPRESENTATIVE

DR. THOMAS JACOB
HON. SECRETARY
DR. PRAMEETHA GEORGE
WDC REPRESENTATIVE

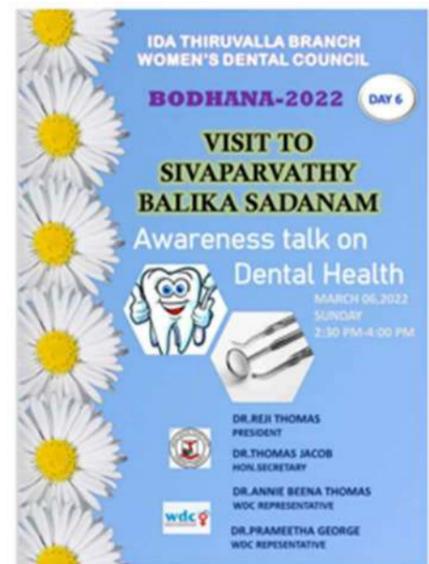


DAY 3
Wellness Workshop



DAY 4
WDC Outing

Day 5
Kudumbasree
Sangamam



Day 6
Sivaparvathy Balika Sadanam Visit

Day 7
Madras Fuse:
Saree Collection
Drive



*Women's dental council, IDA Thiruvalla
presents
Donate a old saree - gift someone a new life!!!*



Dr Sindu Radha Sadasivan Nair



Dr Anitha Balan



Ms Manjula

Day 8
Hosting IDA Kerala State Branch Women's day celebrations
Honoring Women Achievers



DAY 8
Financial Literacy

INDIAN DENTAL ASSOCIATION
THIRUVALLA BRANCH

MARCH 2022
2.00pm **25**

WORLD ORAL HEALTH DAY PROGRAMME
YOUR MOUTH IS THE GATEWAY TO THE REST OF YOUR BODY

YMCA VIKAS SCHOOL, KAVIYOOR

AND INAUGURATION OF ORAL HEALTH CARE PROJECT IN VIKAS SCHOOL

Chief Guest
H.G. Dr. Yuhanon Mar Chrysostomos Metropolitan

Dr. Raj Thomas Dr. Thomas Jacob Dr. Seema Joseph Dr. Zubin Cherian Dr. Anshu Sara Varughese



Oral Healthcare project YMCA VIKAS School Ivarum Chirikatte





Preside 2022
President Secretary Seminar
26th March 2022

Second Executive Meeting of
IDA Kerala State

Dr Reji Thomas
Dr K N Thomas
Dr Samuel k Ninan
Dr Saji Kurian
Dr Thomas Jacob
Dr Rajeev Simon
Dr Lanu Abraham
Dr Akhilesh Prathap



Congratulations



Naomi Ann Jebu

Grand Daughter of
Dr Varghese K Ommen



New Clinic

Member Dr Mariamma Rajan



Renovation

Members Dr Saji N Cherian and Dr Prameetha George

Obituary



Mother of Dr Sunil K Roy

Mrs Annie Roy



Mother of Dr Terin Bobby

Mrs Suma Thomas



Father of Dr Samuel K Ninan
Father in Law Dr Maya Mathai

Mr K S Ninan



Father of Dr Abraham Mathews

Mr C M Abraham

The loss can feel immeasurable, but so can the love that's left behind.

Upcoming events



CDE – Endodontics
workshop by world
Renowned faculty May
2022



CDH – Tribal Village
Project



WDC – Safety & Health at
work



Sports- Cricket nets &
Tournaments



Gentleman's Tour- May

For Updates Visit our website <https://www.idathiruvalla.org/>
Join the whatsapp group