



INDIAN DENTAL ASSOCIATION

Thiruvalla Branch

Women's Dental Council



SMILE SYNC CHALLENGE

Online Valentine's Day Contest for Couples

When Smiles Match, Hearts Connect

What to Do?

Just take a **PHOTO**

 No videos. No filters.

 *Just real smiles.*

✓ Couple selfie / couple photo

✓ Natural, confident smiles

✓ Both smiles clearly visible



How to Participate?

✓ Take a clear couple photograph

✓ Ensure both smiles are visible

✓ Submit via WhatsApp to:

 **78371 37199 | 79072 59116**

Important Dates

 Last Date for Submission:
February 14, 2026

 Winners Announced On:
February 17, 2026

*Because healthy smiles make
beautiful relationships.*

Dr. Aswin M Ravi

President

Dr. Deepthi Santhosh

Hon. Secretary

Dr. Ashly Anna Philip

Dr. Anuja Elizabeth Mathew

WDC Representatives