



INDIAN DENTAL ASSOCIATION THIRUVALLA BRANCH

Wishes

ORAL HYGIENE DAY

AUGUST
2022
2.30 pm

04



Oral hygiene is important for healthy teeth and gums. This involves brushing and flossing daily. It would be best if you also visit your dentist regularly for dental checkups and cleanings. A lack of good oral hygiene affects the mouth and can lead to other diseases.

Observation at **VIKAS School, Thiruvalla**

Dr. Reji Thomas
President, IDA Thiruvalla

Dr. Thomas Jacob
Hon. Secretary, IDA Thiruvalla

Dr. Seema Joseph
Treasurer, IDA Thiruvalla